

Why AWAKEN ME?



Awaken Me® will enhance, expand and embed a new and stronger self-image, increase your self-esteem and ensure your goals are aligned with the real you, leading to higher self-confidence and self-belief!

This program challenges traditional thinking and approaches by digging deep into your values, attitudes, beliefs, mindset and paradigms and therefore creating a new personal mindset around your values!



Client Testimonials

ANDREA

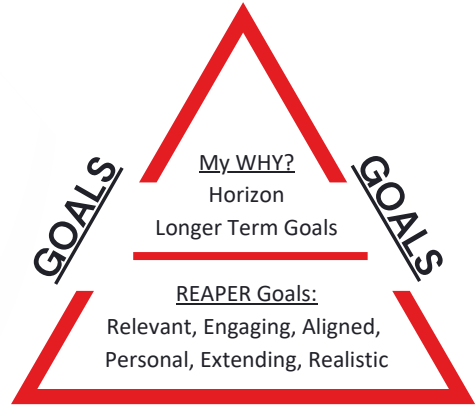
★★★★★

“Sometime in the past 5 weeks I have discovered exactly who I am and exactly what I want to do in my life. It is in complete alignment to the person that I am. I can't tell you exactly how or when it happened, but I just feel a sense of calm about life and my direction that I have never experienced before. It's exciting. 🗨️

TONY

★★★★★

“This week I had a moment at work where I stood up to my boss. I 100% confidently was proud of the way I handled a difficult situation - it was completely in line with my values and it felt great to confidently stand behind and back myself. And guess what? My boss respected it!” i.e. how to tell the boss to #S%^ and both enjoy it! 🗨️



Values

What do you stand for?



AWAKEN ME



Our Program

- ⦿ This is a transformational journey, it is not a 'how to'!
- ⦿ The process at times may be frustrating, laborious, exhilarating, exciting, overwhelming etc. - that's all part of the process!
- ⦿ It is not about getting answers in 'one session'; it is about allowing the answers to 'surface' over time!
- ⦿ Time commitment: 13 x 1 hour sessions
- ⦿ Delivery method: One-one or group, face-face, virtual or physical



Awaken Me© is a personal development program that delivers five steps to clarifying your values, unlocking your true north, and changing your thinking! This in-depth process will invite you to review, examine, clarify, expand or adjust and be consciously aligned with your value system.

SAVVAS LEONDAS **PROGRAM CREATOR AND FACILITATOR**

Savvas Leondas brings over 35 years of experience in leadership, coaching, and organisational development with a proven track record of transforming individuals and teams. Throughout his extensive career, he has worked across various industries, honing his expertise in guiding people to achieve their personal and professional goals and more recently become accredited as a qualified Gestalt therapist.

Savvas combines deep knowledge of human behaviour with practical strategies to inspire growth, improve performance, and foster lasting change. His decades of experience have made him a sought-after mentor, coach and facilitator known for his ability to connect with others and deliver impactful, results-driven solutions.



To discuss program options and determine your next steps, please contact Savvas.



savvasleondas



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