



2024 PROGRAM SCHEDULE – THURSDAY

Note: * On 24/4/24 and 3/7/24 - workshop held on a Wednesday

18 Modules
41 Sessions
44 Weeks

Time: 8.00 am to 10.30 am
Commencing: Thursday
22 February 2024
Program Presentation:
Thursday 12 December 2024

Venue:
Castlereagh Boutique Hotel
169 Castlereagh Street
Sydney

Sessions below marked with ** will run for 3 hours

PHASES	SESSION	MODULE #	MODULE TITLE	DATE	
	1	Program Kick off **		22/2/24	
	2 (one-on-one)	BREAK 1 – During this break, <i>set up program goals</i> between participant, manager or coach and program facilitator			
PHASE 1	3	Module 1	Program Foundation **	7/3/24	
	4	Module 2	Born Unlimited **	14/3/24	
	5	Module 3	About Being Human	21/3/24	
	6	Module 4	Wake Up ... Impact of Conditioning and Habits	28/3/24	
	7	Module 5	Being Self-Aligned - Part I	4/4/24	
	8	Module 5	Being Self-Aligned - Part II	11/4/24	
	9 (one-on-one)	BREAK 2 – During this break <i>Reflect, Progress, Feedback</i> between participant, manager or coach and program facilitator			
PHASE 2	10	Module 6	Personality Styles ... Why don't people get me? - Part I **	24/4/24*	
	11	Module 6	Personality Styles ... Why don't people get me? - Part II	2/5/24	
	12	Module 7	Building Emotional Resilience - Part I	9/5/24	
	13	Module 7	Building Emotional Resilience - Part II	16/5/24	
	14	Module 8	About Spirituality and Energy	23/5/24	
	15	Module 9	Goals ... Why don't I always achieve them? - Part I	30/5/24	
	16	Module 9	Goals ... Why don't I always achieve them? - Part II	6/6/24	
	17	Module 9	Goals ... Why don't I always achieve them? - Part III	13/6/24	
	18	Module 10	Managing <i>Fast-Paced</i> Dynamic Change - Part I	20/6/24	
	19	Module 10	Managing <i>Fast-Paced</i> Dynamic Change - Part II	27/6/24	
	20	Module 10	Managing <i>Fast-Paced</i> Dynamic Change - Part III	3/7/24*	
	21 (one-on-one)	BREAK 3 – During this break <i>Reflect, Progress, Feedback</i> between participant, manager or coach and program facilitator			
PHASE 3	22	Module 11	Staying Driven and Engaged, Want it ... go get it! - Part I **	1/8/24	
	23	Module 11	Staying Driven and Engaged, Want it ... go get it! - Part II	8/8/24	
	24	Module 11	Staying Driven and Engaged, Want it ... go get it! - Part III	15/8/24	
	25	Module 12	Time ... Where does it go? - Part I	22/8/24	
	26	Module 12	Time ... Where does it go? - Part II	29/8/24	
	27	Module 13	Powerful Communication - Part I	5/9/24	
	28	Module 13	Powerful Communication - Part II	12/9/24	
	29	Module 13	Powerful Communication - Part III	19/9/24	
	30	Module 14	Emotionally Intelligent Decision-Making and Problem-Solving	26/9/24	
	31 (one-on-one)	BREAK 4 – During this break, <i>Reflect, Progress, Feedback</i> between participant, manager or coach and program facilitator			
PHASE 4	32	Module 15	Collaborate then Delegate - Part I **	10/10/24	
	33	Module 15	Collaborate then Delegate - Part II	17/10/24	
	34	Module 16	Developing <i>Your</i> Leadership and Management Style - Part I	24/10/24	
	35	Module 16	Developing <i>Your</i> Leadership and Management Style - Part II	31/10/24	
	36	Module 17	Talent Engagement and Managing Performance - Part I	7/11/24	
	37	Module 17	Talent Engagement and Managing Performance - Part II	14/11/24	
	38	Module 17	Talent Engagement and Managing Performance - Part III	21/11/24	
	39	Module 18	Coaching High-Performance Teams	28/11/24	
	BREAK 5 – During this break, participants prepare for <i>Program Presentation</i>				
	40	Program Presentations - Reflect, Feedback, Celebrate! **			12/12/24
Post Program	41 (one-on-one)	Post Program review between participant, manager or coach and program facilitator			

See venue map overleaf



2024 PROGRAM

February to December 2024

VENUE MAP

Castlereagh Boutique Hotel

169 Castlereagh Street, Sydney NSW 2000

T: (02) 9284 1006 – Contact: Rita Surio, Administration

